



COMPASSION & PURPOSE REIMAGINED

a nurse well-being workshop powered by CeraVe®

The Compassion and Purpose Reimagined (CPR) workshop is an engaging and interactive workshop designed to help nurses and healthcare providers dealing with burnout.

Our informative sessions cover some of the most pressing issues in healthcare today, such as:

- Fostering a healthy work environment
- Addressing symptoms of burnout
- Self-compassion, self-care, and mindfulness
- The benefits of empathy and compassion for the provider and the patient
- How to have courageous conversations

"This was the best program we have had in 7 years!"

ATTENDEE, MEDICAL
CENTER HEALTH



PARTICIPATING HOSPITALS INCLUDE:



Tena Brown
Workshop Speaker
tena@tenabrown.com

Tena is an empathy educator, patient advocate, inspirational speaker, and CeraVe® Brand Ambassador. For more than 20 years, Tena has motivated professionals and patients alike with her insightful approach to the patient experience and nurse advocacy.



Dr. Andrea Coyle
Workshop Speaker
alc@sehqc.com

Dr. Coyle is a people-first leader, nurse advocate, DAISY Award Honoree, and international speaker who serves as the Chief Clinical and Innovation Officer at SE Healthcare. As a Healthy Nurse, Healthy Nation™ Advisory Board member, she is driven by her passion for helping nurses be their best.



Sign up for CPR at tenabrown.com/CPR
Ask about continuing education hours.

